

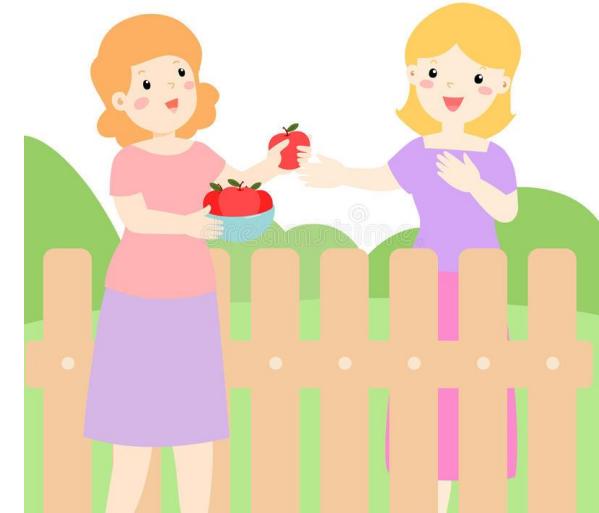
PLANT & SHARE PROJECT

BY WHOLISTIC FAMILY
ASSOCIATION (WFA)



OVERVIEW

- Plant & Share Project is a community driven program by Wholistic Family Association (WFA) which connects our urban farmers to consumers.
- We provide vegetables sourced locally from Malaysian Urban Farmers to consumers.



OUR VISION & MISSION

- Vision
 - Foster a community that will bless and care for one another
- Mission
 - To provide Organic and Pesticide Free Vegetables grown by our Local Urban Farmers to all Malaysians



OUTLINE

We gather and source vegetables from Our Urban Farmers

Urban Farmers



Plant & Share Project

We prepare and send the vegetables to our designated district director.

Consumers



Consumers can either collect the vegetables from their district directors or request for a delivery.

HOW TO BUY?

- Contact your local district director to place your order!
- Our Product Line-up:-

Small Plant & Share Pack



RM 50 per box

Medium Plant & Share Pack



RM 60 per box

Large Plant & Share Pack



RM 70 per box



LIST OF POSSIBLE VEGETABLES/FRUITS

- Kailan
- New Zealand Spinach
- Ong King Pak Choi
- Xiao Pak Choi
- Watercress Leaves
- Eggplant
- Pumpkin
- Cauliflower
- Green Capsicum
- Amaranth
- Hong Kong Choi Sum
- Water Spinach
- Bitter Gourd
- Tomato
- Carrot
- Chinese Cabbage
- Leek
- Luffa
- Asparagus Bean
- Four Angle Bean
- French Bean
- Lady's Finger
- Long Bean
- Lettuce
- Nai Bak
- Fu Kwai Choi
- Xiuzhen Choi Sum
- Fuzzy Melon
- Cherry Tomato
- Japanese Cucumber
- Cabbage
- White Radish
- Fumak
- Senposal
- Sweet Potato Leaf
- Indian Lettuce
- Red Amaranth
- Broccoli
- Red/Yellow Capsicum
- Oyster Mushroom
- Celery
- Red Cabbage
- Beetroot
- Sweet Corn
- Yacon
- Cabbage Shoot
- Chayota
- Spinach
- Banana
- Papaya
- Passion Fruit
- Guava
- Star Fruit
- Dragon Fruit
- Jackfruit
- Rambutan



WHY BE A DISTRICT DIRECTOR?

- To be an entrepreneur
 - Earn and support your family from the comfort of your home through incentives from selling vegetables.
- To be a Healthy Community Advocate
 - Help foster and develop a culture of eating healthy in your community
- To support local
 - Support urban/local farmers especially in this trying times

